

EAR, NOSE, THROAT AND AUDIOLOGY ASSOCIATES OF THE CAROLINAS, PA

Aspirin and aspirin-related products, such as those listed below, SHOULD NOT be taken 2 weeks before OR after surgery, due to the increased risk of bleeding.

For this reason, it is very important that you know the contents of any “over the counter preparations” prior to their use. Many headache preparations, cold remedies, and “hangover cures” contain aspirin. The chemical name of aspirin is acetylsalicylic acid.

Examples of drugs containing salicylates are as follows:

Acetidine	Bufferin	Inhiston
Alka-Seltzer	Coricidin	Liquiprin
Anacin	Darvon Compound	Midol
Anahist	Doan’s Pills	Pepto-Bismol
APC	Distrin	Persistin
Aspergum	Ecotrin	Sal-Sayne
Aspirin	Empirin Compound	Stanback
B C	Excedrin	Theracin
Bromo-Quinine	4-Way Cold Tablets	Trigesic
Bromo-Seltzer	Goody Powder	

Examples of aspirin-related products are the following: (These products also should not be taken 2 weeks before or after surgery).

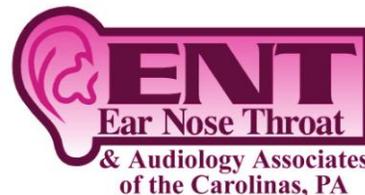
Advil	Naprosyn	Indocin
Alleve	Motrin	Tolectin
Nuprin	Ibuprofen	Feldene

You can substitute TYLENOL for these products for pain or fever leading up to surgery. Your physician will give you a prescribed pain medicine and antibiotic to take after surgery upon discharge from the hospital.

Check with your PHARMACIST if you are not sure if the medication you are taking contains aspirin.

NOTHING TO EAT OR DRINK, AFTER 12:00 AM, THE NIGHT BEFORE SURGERY.

Arrive at the designated hospital, by the time quoted to you by that hospital’s pre-operative dept, at the patient interview or call.



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POST-OPERATIVE INSTRUCTIONS

ADENOIDECTOMY

Patient's Name: _____

Location: [] CMC Pineville [] Piedmont Medical Ctr
[] Presbyterian/Matthews [] Presbyterian/Main
[] Presbyterian Surg Center [] Carolina Surgery Ctr
(Ballantyne)

Surgery Date: _____

Post-op Date: _____

POST-OPERATIVE INSTRUCTIONS ADENOIDECTOMY

DIET

A common side effect from the anesthesia is mild nausea and vomiting. Until this resolves, the patient should have clear liquids in small amounts. After they are feeling better, they may advance to a regular diet.

ACTIVITY

Avoid strenuous activity for the first 24 hours; after that, the patient may resume their normal activity.

FEVER/PAIN

Occasionally, a temperature may be present for the first few days after surgery. If this happens I recommend taking Tylenol. If the temperature continues for more than 48 hours, and is greater than 101.5, please call the office for instructions. For pain control, Tylenol should be used.

BLEEDING

Bleeding is an uncommon complication of this surgery. Any bright red blood measuring greater than 2 tablespoons should be reported to the office.

HEALING

Occasionally, the patient will have a blocked-up sensation in their nose for up to 2 weeks while their adenoid bed is healing. If this continues beyond this time, please let us know.

FOLLOW UP

Your post-operative appointment should be made for approximately 2 weeks after your surgery. Please call the office if you have any questions or problems